



Pause before you act.

Five calm steps for an unexpected call, message, payment request, or screen-share request.

1**END THE CONTACT**

Hang up, close the chat, or leave the screen share.

2**DO NOT PAY OR SHARE A CODE**

Do not send money, passwords, or verification codes.

3**DO NOT INSTALL ANYTHING**

Do not install an app or give someone remote access.

4**FIND THE ORGANIZATION ANOTHER WAY**

Use a number from a card or statement you already had. Type a known official domain yourself.

5**LEAVE IT UNKNOWN IF YOU CANNOT VERIFY**

You do not have to decide today. You can stop without explaining why.

VERIFY ANOTHER WAY

Use a phone number from a card or statement you already had. Type a known official domain yourself. Call someone through a contact saved before this request.

- **Practice reminder:** This card cannot tell whether a contact is legitimate. It does not investigate incidents or guarantee protection or recovery. If money, a password, or account access was already shared, use the real provider's independently found support route now.

Want to practice before a stressful moment? The optional \$12 Pause & Verify kit includes an offline browser packet and a 16-page large-print PDF. payhip.com/b/cqFjX